Pursuit of retirement happiness is ‘up to you’

The baby boomers strongly believe in the fundamental right to personal happiness — this despite the ongoing changes in the concept of the family and despite the sacrifice of family time to work-dominated retirement.

Unlike the families, Korean baby boomers have access to a multitude of opportunities to do whatever they want, to be what they want, and to accomplish whatever they want. And as if that were not enough, they are being watched from above as they reach retirement.

Add to this the close circle of family, friends and other fellow boomers meet with seven to eight different associations to name a few, that makes it even easier for Korean baby boomers to ‘rank’ staying productive and useful as their highest concern in retirement.

The baby boomers must continue to educate themselves, develop new interests, take classes, volunteer and try to learn something new every day. What the Korean baby boomers need is a new life in the fields of sports, relaxation, culture, and society.

The Korean baby boomers can enjoy a new life in sports such as golf, tennis, gymnastics, and other sports. They can also learn to relax through cultural events such as going to museums, libraries, and concerts. They can also learn to enjoy society through joining clubs and organizations such as travel clubs, religious clubs, and other social groups.

In the words of Park, "The man who makes everything that he wants, wants to be himself, not upon other men, and has adopted the very best plan for living happily."

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